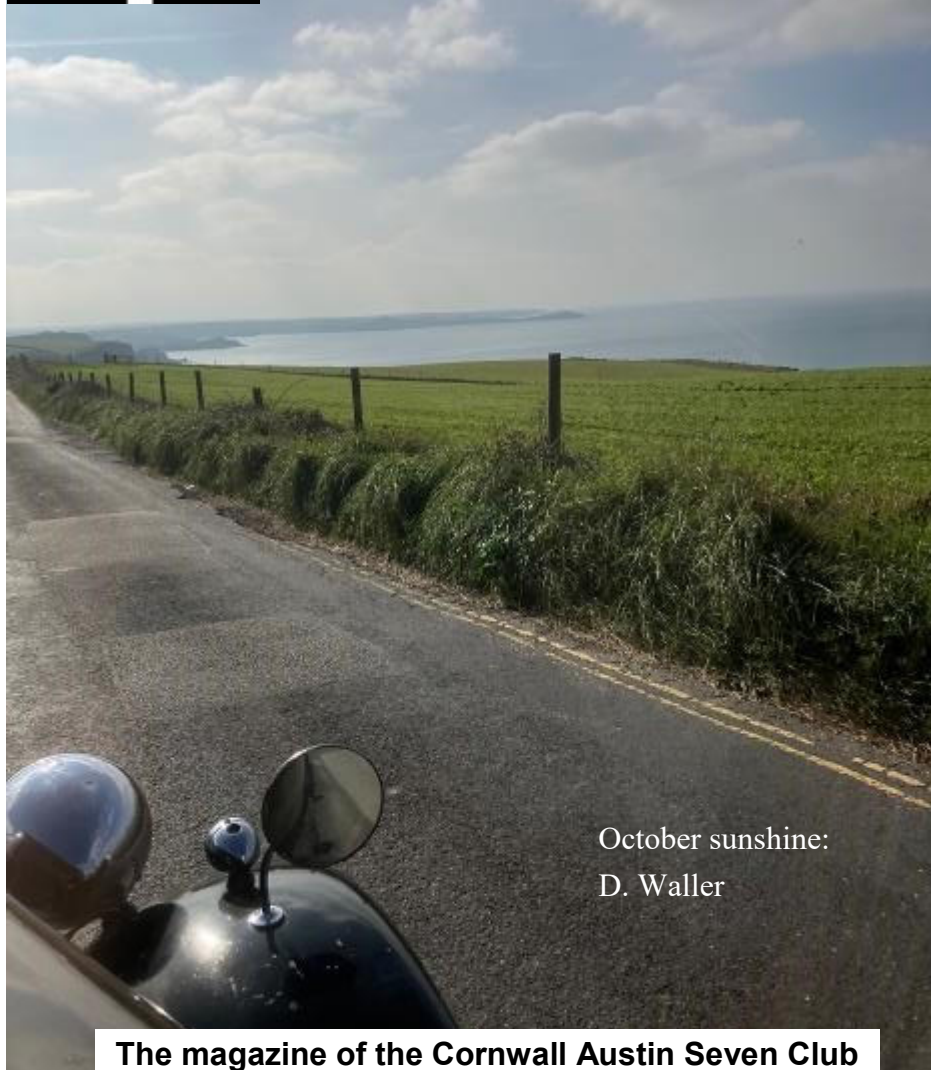




November 2025



October sunshine:  
D. Waller

The magazine of the Cornwall Austin Seven Club

*Seven Focus*

## **From the Front Seat**

**Dean Waller**

An active month on the road. Plenty of Wednesday Wanders, a few local trips to the shops, picking up Harriet from working on the Mount (always looks of surprise, mainly from foreign visitors) and a club run to Bedruthan steps. A small turnout but we all enjoyed the views .....and lunch.

A less active month in the workshop. The list of little jobs grows ever longer and the wiper motor is still motionless, despite the new brushes. The recent rain now puts that at the top of the list.

We finally have volunteers for the November run thanks to Austin and Stella Coade. Please note the change of date from that previously published. Please do support them on their first run. I hope to see you there!

## **Membership News**

**Andrew Jarmin**

Welcome to:-

353. Jamie and Avril Youlden from St Austell.

They are now custodians of a 1935 AVJ Van that was owned by Avril's father, the late Peter Moyle, a Club member from the early days of the Club. The Van has been slumbering for many years so is now being gently woken up!

We look forward to you joining us on future Club events.

## **Diary Dates**

## **Events Secretary**

**ca7cevents@yahoo.com**

Instagram: **cornwallaustin7\_club**



For stop press information, check out the “Friends of the Cornwall Austin Seven Club”. Please check your monthly Focus, social media and our website to confirm the latest details nearer the date of the event, in case of any unforeseen changes.

## **Calendar for 2025**

### **November**

#### **Sunday 16th**

#### **Austin & Stella Coade**

PLEASE NOTE THE CHANGE OF DATE

The start will be at the Halfway House, Rame, TR10 9ED .

Meet at 10.30 am for 11ish start. It would be helpful if people could let us know if they wish to have a tea or coffee before we leave as the pub will kindly open earlier to serve people.

We then plan to go Stithians way over to Portreath, on to North Cliffs, back to Carnhell Green then on to Stithney Green, Wendron then back to our house (with a break half way).

Please bring a picnic for lunch. Tea and coffee will be available and a cream tea will be provided. A drip tray would be good if you have oil leaks .

Please could you let us know if you are attending the event on 07966416090.

The run may have to be cancelled if the weather is bad. Please check the Facebook site or call us to confirm the run is going ahead if it is wet.

**December**  
**Saturday 13th**

**Paul Sleeman**

Christmas lunch at The Plume of Feathers,  
Mitchell. See page 6 and 7 for the menu.  
You will need to make the **entire** payment by  
30th November by bank transfer to:  
Cornwall Austin Seven Club  
Barclays Bank Ltd.  
Sort Code 20-87-94  
Account No. 80166308  
Reference– Xmas Followed by lead guests’  
surname.  
**paula-jen@hotmail.com**

**Wednesday Wanders** Please check Facebook or contact Chris Gill  
(01209 820825      [chriswhealbusy@tiscali.co.uk](mailto:chriswhealbusy@tiscali.co.uk)) on the  
Tuesday. Each Wednesday we meet up for a short run and a visit to  
a café, now the weather has turned chilly. Everyone welcome! No  
need to book but be ready to leave promptly at the start time.

**Invitation Events**

**Black and White**

Coffee morning on 1st and 3rd Friday of the month at The Inn for  
All Seasons, Treleigh

**Rosudgeon Meet**

A similar coffee morning on the 2nd and 4th Friday of each month  
at the Coach and Horses, Rosudgeon.

Thanks to those who ventured out on a sunny Sunday afternoon.  
The result of the elections were:

Chair/Secretary - Dean Waller

Treasurer - Kerstie Foster

Committee - Paul Sleeman, Paul Stevens, John Doyle,  
Paul Holmes, Tamsin Coxen, Ian Deakin

Supported by:

Membership Secretary - Andrew Jarmin

A7CA representative - Sarah Mason

DVLA representative - Malcolm Watts

We had some interesting ideas put forward under AOB including reinstating the monthly pub evenings, the location of future Christmas lunch and an “ask the experts” panel at next years AGM. The committee will look at these ideas and report back.

A full copy of the draft minutes is available on request.

## Plume Christmas Fayre

### To start.

Spiced winter squash and white bean soup. (VGO,GFO)

Pressed chicken and ham terrine,  
Malted toast, apple chutney, herb salad. (GFO)

Beetroot and orange cured trout,  
beetroot slaw, ciabatta toasts (GFO)

Miso glazed aubergine, pickled vegetable salad, Nut crumble  
(Vegan, Nuts and GF)

### To follow.

Roast free-range turkey.  
Sage stuffing, pig in blanket, roast potatoes, roast sauce. (GO)

Cider braised Pork belly.  
Grain mustard mash, sticky smoked chilli red cabbage, spiced plum, Cider and  
apple gravy. (GF)

Braised Beef Bourguignon.  
Slow cooked in a rich spiced ale jus with onion, mushroom and pancetta.  
Dauphinoise potato, buttered spinach. (GF)

Baked Nut Wellington.  
Provençal vegetables, herb oil (Vegan, GO, Nuts)

Roast fillet of salmon.  
Baked crushed sweet potato, baked feta cheese, sweet and sour peppers (GF)

All our main courses are served with generous boards of braised red cabbage,  
honey roasted parsnips, Brussel sprouts and cauliflower cheese.

**To finish.**

The Plume's Christmas pudding.  
Brandy custard, Brandy clotted cream. (VGO, GFO)

Clementine and marmalade gâteau.  
Orange syrup, crispy clementine, lemon curd ice-cream.

Chocolate Nemesis. (GF)  
Marinated berries, vanilla ice-cream

Cornish Cranberry Brie, frozen grapes, winter chutney, biscuits. (GFO)

Other vegan alternatives are available on request

The 2 course option is £29 and the 3 course option is £37.50

Once you have paid for the number of courses you require, please email your menu choices to Paul Sleeman (address on back cover or in Diary Dates) and make a note for yourself!

What a grand day out we've had!

One of those days when everything seems just right!

The weather was "just perfick" for a trip to the seaside, well at least to a school field perched above the coastline at Fowey.

Overcast, but not dull, a welcome breeze but not windy, warm afternoon sunshine, but not too hot for the Austins.

We were part of a motley crew of five local Austin 7s collected together in an extremely well organised event during Fowey Regatta week. Somehow we hadn't heard about this event at all until our illustrious secretary mentioned it back in the distant murk of a cold January coffee morning. We understood spaces were limited, so very unlike us, we decided then and there to register. What a good decision that was!



I went along in a dutiful supporting wife role, feeling a bit underwhelmed at the prospect of yet another car show.



Rather surprisingly for us we arrived in good time, parked up as directed and had our restorative flasks,- well it was at least nearly half an hour's drive to get there!

I was then immediately bored, so set off for an explore. Some friends travelling back home to Devon had reported seeing droves (well known collective noun for vintage cars) of “stunning, posh post-war” cars heading west through Lostwithiel and Liskeard, a mobile car show in transit! So I went to see if these wonderful cars were heading here.

I was not disappointed, indeed they had.....

Cars I particularly noticed were 1930s Rolls Royces, Bentleys, an Essex Hudson, an Alvis, all looking very smart indeed. Another one I cherry picked on my tour round was an Austin Burnham 12-4 from 1929. And a much younger lady of note was a 1950 Triumph Renown. Throw in a few handsome old MGs, a pinch of the odd Wolseley from 1938, an immaculate Austin 10 Special, who belongs to a club member and you have the basis for an excellent recipe to please this car non-expert. Icing on the cake for me was a young chap with his blue Austin 10, when I asked about the choice of lovely blue colour he told me it was faithful to the initial launch of the Austin 10 in Paris. He has been refurbishing vintage cars since he was 12! It's so good to occasionally meet someone with a passion for these vehicles who is not drawing a pension.

With over five hundred cars on the field there was plenty to wander around. And very many friendly folk for me to quiz about their cars.

But lunch was calling, after refuelling at a very good hostelry (upgraded sandwiches and a chocolate mousse to die for), enhanced by lovely sea views from our table on the verandah, we returned to our rather shabby Annie, who was patiently waiting for us to join the Parade.

Amazing stewarding enabled a disciplined, steady exit from the field onto the parade route through Fowey centre. We meandered past houses bedecked in international maritime flag bunting, and driveways with families bedecked in Hawaiian Lei garlands, enjoying the late summer sunshine with a glass of bubbly or two, or full-on

picnic hampers, all delighted to greet us and cheer us on as if we were Royalty. It all felt rather surreal by this stage.

The regulated 10 mph allowed for time to admire the glimpses of sea views and quaint Cornish cottages. There were one or two unexpected stops by a Jaguar a few cars in front, but many willing hands appeared from doorways to push her on to a safe place, and then we were in the middle of town. Just time for a brief halt for a handshake through the window from the town crier who loved our car the most- bet he said that to everyone!

Then we were directed to the Imerys road and the two-thirds of a mile long Pinnock Tunnel.

This was originally a railway tunnel, constructed in 1874 as part of the Cornwall Minerals railway network of lines that stretched from Fowey to Newquay. The Pinnock Tunnel on the line between Par and Fowey,– at 1,173 yards is the longest rail tunnel in Cornwall. In 1896



this company was taken over by the Great Western Railway, which in turn was nationalised in 1948. The line from Par to Fowey was closed to passenger traffic in 1965 and to freight in 1968. Rather unusually the track-bed was then converted to a roadway, now surfaced and lit, and is still used to transport China Clay to the deep-water docks at Fowey.

Having emerged once more into the evening sunlight we waved farewell to our fellow Austin companions and traversed cross country to our own abode for a very welcome cuppa!

Tomorrow's job will be to rinse Annie. Mark was a bit startled when he parked her up next to Nigel the Special in the garage. He thought there must be a problem with the exhaust as the tail pipe was white, but then realised so were her arches, wheels and all the running gear!

Hey ho, she looked so shiny this morning, but what larks! What fun! It was indeed another grand day out.



This pic Chris Smith

It all started on the anniversary run. Pulling in to Trewithen Gardens, Ian Deakin, who had been following me, suggested that trailing a cable under my car looked a bit suboptimal and maybe we should investigate. It didn't take long to see the front brake cable, which loops through the cross tube which connects both the handbrake, footbrake and two separate rear brake cables on my '32 RN, was no longer in one piece, but was in two. It had snapped. Where and when I know not, as the brakes have never felt brilliant and when going down through the gears isn't enough, more in hope than expectation I've pressed that thing between the accelerator and clutch pedals that seemed to have some effect.



Of course, I should have checked, tested and overhauled the brakes in all the years I had the car, but shamefully it was always a “next weekend” job. So tackling the replacement was a learning curve. What follows is of little use to those who look after their cars properly but for those yet to adjust and set up their brakes the following account might be useful. The first challenge was where to get a new cable. A ‘phone call to Jamie at Seven Workshop was met with a response “None in stock and I don’t know when any are coming in”.

That led to a visit to “The Farm” where Andrew Jarmin kindly gave up a chunk of his time plus expertise with blowtorch, vice and mallet to separate the broken cable ends that run from the connectors at either end, which then join to the front drum backplates. A particular challenge was the tiny pinch bolt which moves inside the starboard connector block. Needless to say seized solid. I was third club member to drop in that morning apparently, his patience is remarkable.



Taking one broken end of the cable with its fixed connector attached down to A2 Rigging in Falmouth Marina, Mel there drilled out the remains of the cable, turned a thread inside the original connector tube, swathed on a new length of stainless steel rigging wire to a threaded end that screwed into the A7 original fitting. However I wasn't out of the woods yet as when I fitted the port connector to the car and threaded the bare end of the new cable through the cross tube and starboard connector block, the thread on the tiny pinch bolt that is designed to clamp the cable stripped. To be fair it was in a bad state before I started. Second trip to “The Farm” where a tin box with a replacement part was fortunately found. Back on the job with my builder hauling on the cable as tight as he could (how this all done so quickly back on day one in the factory when the cars were manufactured?) I nipped up the clamp and set about brake adjustment.



Andrew had already briefed me on the procedure. Loosen off rear brakes, set up front brakes so the linings are touching on the first ratchet of the handbrake, adjust rear brakes to suit. Referring to the handbook, the rear brake cables adjust midships at the front end of the cables by a threaded rod. Except mine didn't. No threaded rod, just connecting blocks like the front starboard side, both seized with no hope of easily dismantling. Having sorted this out, and using a cable adjuster, I was able to get the front brakes balanced to the rear. A test run followed and.... It was a revelation! It would be hyperbole to say that they are as good as a modern car but a crash stop did seem to achieve just that.

Now to track down and tackle the nasty random knock from the back end of the engine.



## Sunday 12 th October Run – Seven 7s go to

### Bedruthan Steps

Ian Deakin

Many thanks to Dean Waller for organising and leading our group of Seven Austins, finishing at Bedruthan Steps. The weather when we started was a bit grey but remained dry, as a variety of sevens met at Goonhavern Garden Centre for a coffee and chat. At 11am we set off behind Dean's car after giving James Axe's (well, technically Beata's) lovely 1927 Chummy a gentle push to start up.

After enjoying some autumnal country lanes and villages we made a quick stop at National Trust Trefice. After coaxing James' 1927 Chummy into action again, we set off up the coast road. Initially we drove through Nansledan, which is a major new suburb of Newquay,



with two new bridges and new roads; it all seemed just a bit surreal driving cars nearly one hundred years old through all the new infrastructure! Soon we reached the coast enjoying the wonderful



views of the beaches and sea, going through the seaside resort villages of Porth and Watergate Bay. Arriving at the National Trust car park at Bedruthan Steps, we all enjoyed a good lunch in the café with the sun shining there.

Esther and I enjoyed a walk down to the viewing points as we had not visited that spot for many years. On our return home we called in again at Goonhavern Garden Centre – this time for an afternoon ice cream!

Many thanks to Dean for organising a great club run and for the friends who joined us to make it so enjoyable.

PS My photo seems to show a new flagpole fitted to the back of Peter Hodson's car at Bedruthan Steps car park, so it should be easier to follow him on the next run !







Pics this page:  
Dean Waller



Although it was a bit wet , we had a great time at the anniversary when I took a few photos. There have been requests for something to go in Focus and so now I have got them in an email friendly format, here they are! My exhibit was the 1932 van next to Andrew Jarmin's.











## Wednesday Wander to Holywell Bay

Leonard Adams

Nine sevens were led by Chris Gill on a scenic route from Wheal Busy to end at Holywell Bay for a stroll on the beach and a picnic.



I've taken the editorial decision to combine December and January magazines into just one to ration out copy and to give myself and our wonderful printer a better Christmas break. For one month only therefore, the deadline for copy in November will be the 25th and your magazine will be a little later than normal in December.

Thank you to Martin Wright for responding to my request for Rally photographs: I'm sure there were many more taken on the day which should be maintained for the Club's archives. When we celebrate the next BIG anniversary, we want to have a display and be able to say "do you remember...?" Keep submitting them to me and I'll try to include them in later editions.

There are (I believe) two centenarians to celebrate by the end of the year. I'm hoping for their pictures and then we start looking for the babies of 1926 to celebrate next year! If you have a mere youngster in comparison, start writing your copy now and it'll be ready and waiting when I need it!

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**FREE to good home!****Sandy Croall**

I'm in the process of down-sizing my bookshelves, storage etc.,

I have the A7CA's Grey books from the first one in 1970, to date - fifty-five years. Also Seven Focus (CA7C) from issue 1 to date.

I shall keep the last year of each, but the rest can go, if there's a home for them.

If not, they are off to the skips.

Collect / deliver only, each collection is HEAVY.

sandycroall@gmail.com





### **For Sale Austin 7 Opal 1936**

Last restored sometime in the 1980s.

Blue with black wings.

In good overall condition and runs well.

The price is £ 6,500 ONO

Contact

Tel 01209 861534,

barnesdai803@gmail.com

Dai Barnes

### **For Sale Austin 7 AAL 1936**

Four seat tourer, older restoration, Maroon and Black, Black trim in very good condition. Black hood and side screens also very good. A lot of money spent on it in the past by previous owner/restorer

Regret unable to garage now, Very reluctant sale

£6250 ono

Clive Peerless 01872 870721



## **For Sale Austin 7 RP March 1933**

Engine M237971      Body 171203

Dark blue, black wings. Good new brakes and tyres but needs a battery as it was not charging.

Stored in warm and dry in Camelford.

£5800 ono

J. W. Middleton 01840 212811

## **For Sale 1934 RP saloon**

First registered July 1934. An older restoration with a non-transferable registration. Mavis has been around Cornwall for quite a few years and until recently has been seen quite regularly on Wednesday Wanders . Can be inspected in Goldsithney. £4750 ono. Phone 01736 711122 for details.



**Price reduction!**

## **For Sale 1937 Ruby**

Austin Seven Ruby.. Green with Black wings. First registration 19 06 1937.

We have owned the car since May 2013. In recent years the car has been little used, but starts and runs well. Various receipts, almost full history and some spares to be included in sale.

Asking price £6500.

Please call Anne mobile 07779 524375, Andy 07910 581848 or 01752 339639 for further information.



## **Cornwall Austin Seven Club clothing.**

We are now using Creative View, a local company near St Agnes to supply members with various items of clothing. Creative View do not carry items in stock, they will supply to order so please give them at least a week's notice when you want an item. They have a variety of colours of clothing available. They will supply items with the Club logo as below.



Polo shirt £14.40 each embroidered, £13.20 printed.

Sweatshirt £22.20 embroidered, £21 printed.

Dover Jacket £43.68 embroidered, £42.48 printed.

Carriage between £5 & £10 depending on the weight and quantity of garments.

Orders taken by phone on 01872 249631 or by email  
[contact@creativeviewcornwall.co.uk](mailto:contact@creativeviewcornwall.co.uk)

## **NOTE TO ADVERTISERS...**

**PLEASE** let me know if you have sold your vehicle or changed your mind! I will keep running an advert until you tell me not to...

## **TECHNICAL HELP CONTACTS**

Don't get stuck, get help!

If you need some help with your Austin, whether it's a chat about a snag over the phone or someone to shove a head under a bonnet, the Club aims to provide a network of assistance throughout the County. We're not offering a restoration service, but advice and aid to help keep you on the road for frustration free motoring!

Andrew Jarmin	Redruth	01209 861212
Malcolm Watts	Falmouth	01326 319485
Mike Davies	Callington	01579 370499
Alastair Wreford	Port Isaac	01208 880002
Bob Kneale	Bodmin	01208 850248

This help is available to everyone whether you have just joined or have been a member since the start! Don't struggle with a problem when help is only a phone call away!

Individually we may not have all the answers but collectively we've probably seen most problems and can point you in the right direction for advice.

The views expressed in this magazine are those of the writers and not necessarily those of the Editor or the Cornwall Austin Seven Club. Whilst every effort is made to ensure the accuracy of the technical advice and information, the Club and its officers accept no liability for loss, damage or injury from persons acting upon the advice given in this publication. Anyone following the advice given by this publication shall be deemed to have accepted this statement.

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## Publication Information

**Publication date** is the **last day** of the month  
Last date for article submissions and  
advertisements is the **20th day** of the month,  
subject to space.

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**All material submitted must be free from any  
copyright claim.**

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